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## Logistics

<b>Date</b>	12 August 2017, 8 am to 5 pm - Accra 19 August 2017, 8am to 5 pm - Cape Coast
<b>Venue</b>	Accra - TBD Cape Coast - TBD
<b>Preparation Required</b>	<ul style="list-style-type: none"> <li>- Self-research on what the job of the coach is</li> <li>- Study of the <a href="#">Ghana Rugby Development Plan</a></li> <li>- Study the <a href="#">Kick off - Receiving</a> reference</li> <li>- Study the <a href="#">BokSmart</a> - Fitness testing and the physical profiling of players</li> </ul>
<b>Moderator</b>	Coach Lovemore Dallars Kuzorera
<b>8am - 8:45 am</b>	Challenges of the Ghana Rugby Coach
<b>9 am - 9:45 am</b>	Job of the Ghana Rugby Coach - Inputs by attendees
<b>10 am - 10:45 am</b>	Job of the Ghana Rugby Coach - Blueprint discussion
<b>11 am - 11:15 am</b>	Tea/Coffee break
<b>11:15 - 12:00 am</b>	The GRDP - Overview (Lovemore Kuzorera)
<b>12 pm - 12:45 pm</b>	The GRDP - Youth Development and GIR
<b>1 pm - 1:45 pm</b>	Lunch break
<b>1:45 pm - 2:30 pm</b>	The GRDP - Senior Development
<b>2:45 pm - 3 pm</b>	The GRDP - Quo Vadis?
<b>3 pm - 3:15 pm</b>	Tea/Coffee break
<b>3:15 pm - 4 pm</b>	Technical Focus 1 - Kick off - Receiving

4 pm - 4:30 pm	Technical Focus 2 - Managing the conditioning of players
4:30 pm - 5 pm	Evaluation

## Course Outline

### Topic 1: Challenges Ghana Rugby Coaches Face

Content & Reference	Desired Outcome(s)	Evaluation
Coaches to voice their challenges	<ul style="list-style-type: none"> <li>- Identification of challenges</li> <li>- Solutions or teams to look for solutions</li> </ul>	

### Topic 2: Are you succeeding as a coach?

Content & Reference	Desired Outcome(s)	Evaluation
<ul style="list-style-type: none"> <li>- What is the real job of the Ghana Rugby Coach?</li> <li>- What are the KPIs (Key Performance Indicators) of the Ghana Rugby Coach?</li> </ul>	Agreement on "Job Description" & KPIs of the Ghana Rugby Coach	

### Topic 3: Ghana Rugby Development Plan (GRDP) - White elephant or living guideline?

Content & Reference	Desired Outcome(s)	Evaluation
- Study of <a href="#">GRDP</a> by all coaches	<ul style="list-style-type: none"> <li>- Insight into the GRDP as practical tool for coaches</li> <li>- Use of the GRDP by coaches</li> </ul>	

### Topic 4: Technical Focus 1 - Kick off - Receiving

Content & Reference	Desired Outcome(s)	Evaluation
- Study the <a href="#">reference</a> and do own research on the topic.	- Attendees must be able to guide players on the five	

	important points	
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### Topic 4: Technical Focus 2 - Conditioning of players

Content & Reference	Desired Outcome(s)	Evaluation
- Study the <a href="#">BokSmart</a> - Fitness testing and the physical profiling of players	- Attendees must be able to manage the conditioning of players	

## Evaluation

All attendees will need to complete an assessment and evaluation sheet after completion of the Coaching Clinic.