

GIR Session Planner



Developm	ent Officer:	1		Zone:				
Date:			School/Jnr. Club:					
[] Boys [Girls [Mixed	Age Group:					
Indicate th	e primary _l	phase for t	he planned	session be	low.			
Try			Play					
M1	M2	М3	M4	M5	М6	M7	М8	
Indicate w	hich skills	will be the	focus of th					
Try								
Module 1		Module 2		Module 3		Module 4		
Passing & catching Move into space		Maintain possession Score a try		Carry the ball forward Pass the ball backwards		Effecting a touch / pull a tag Defence to align		
			PI	ay				
Module 5		Module 6		Module 7		Module 8		
Perform a tackle (1) Create continuity in attack		Perform a tackle (2) Set up a ruck		Ball carrier decision making Set up & progress with maul		Set up a scrum Set up a lineout		
	hat equipm	·		out up as progre		Cot up uoo		
Cones:		Balls:		Tags:				
Tags Belts:		Other:		Other:				
[] Objectiv		l and skills	acquired as	planned [] <i>Girls:</i> T		=		
(Notes)								
Planning f	or the next	session						
Module:			Date:		_			
(Notes)								
Admin								

[] Recorded on scrumIT [] Recorded on World Rugby GIR site